MACON COUNTY

Community Health Needs Assessment 2019





MACON COUNTY COMMUNITY HEALTH NEEDS ASSESSMENT

INTRODUCTION

Samaritan Hospital has conducted a Community Health Needs Assessment as required by Missouri Law. The passage of the Patient Protection and Affordable Care Act requires tax exempt hospitals to conduct needs assessments and develop community benefit plans every three years. The needs assessment is a primary tool used by the Hospital to determine its community benefit plan, which outlines how the Hospital will give back to the community in the form of health care and other community services and to address unmet community health needs. This assessment incorporates components of primary data collection and secondary data analysis that focus on the health and social needs of the Samaritan Hospital service area.

EXECUTIVE SUMMARY

Located in Macon Missouri Samaritan Hospital has served Macon County Residents and the surrounding area for more than 85 years. Samaritan Hospital is a not-for-profit, 25 beds, Critical Access Hospital. The facility offers a wide range of services including: Acute Care Services, Emergency Services, Laboratory Services, Imaging Services, Rehabilitation Therapies, Swing Bed Services, and Outpatient Clinics including: Cardiology, Pulmonologist, Dermatology, Rheumatology, Pain Management, Gastrointestinal, Wound Care, and Gynecology, Orthopedics, and General Surgery. Samaritan Hospital also offers a Cardiac Rehabilitation Unit. Samaritan has an outstanding staff of primary care physicians supported by medical specialist and professionals from Docs Who Care. The Active Medical Staff of Samaritan Hospital is comprised of 6 Primary Care Physicians, Orthopedic Surgeon, General Surgeon, Podiatrist, Pathologist, 5 Nurse Practitioners and Physician Assistant. The primary care clinic is located on the campus of Samaritan Hospital.

Samaritan Hospital prides itself on a continuing commitment to the economic growth and stability in Macon County. Providing ongoing programs that enhance the health of its citizens is a core value of the organization.

METHODS OF DATA COLLECTION

Primary Data Collection

A steering committee comprised of Samaritan Hospital, Macon County Health Department, Nursing Home Representatives and Local Primary Care Providers, were contacted and asked to participate in the development of a needs assessment. A Community Health Needs Assessment survey was distributed via Survey Monkey web link on our website and mailed to 1700 Macon County residents. These results were used as a sample for the service area of Samaritan Hospital. There were 405 surveys completed.

The following is an overview of some of the data points.

- 52% of the surveys were from Macon City zip code 63552.
- 57% of the surveys were completed by female respondents.
- 82% respondents have lived in the area for more than 11 years. 67% for more than 20 years.
- 92% of respondents have an established relationship with a Physician / Nurse Practitioner.
- 77% of respondents have an established relationship with a Dentist.
- 84% of respondents have an established relationship with an eye care professional.
- 39% have used the emergency department in the past 12 months.
- 84% felt the visit to the emergency department was either acute or need immediate attention.
- 8% of the respondents indicated they had trouble finding a physician in the last two years.
- 64% travel 20 miles or less to a hospital.
- 68% travel 20 miles or less to a provider.

Secondary Data Collection

Secondary data was collected from a variety of local, county, and state sources to present a community profile, death characteristics, and access to health care, chronic diseases, social issues, education, employment characteristics, and other select data to complete this report. When pertinent, these data sets are presented in the context of Macon County and the State, framing the scope of an issue as it relates to the broader community.

This report presents a summary that highlights the data findings and presents the key needs in the community with opportunities for action. Following you will find a detailed narrative report that examines each data category.

Community Profile/ Population / Race

- Residents are primarily White Caucasian 94%, and African American 2.2%
- The age distribution indicates a high percentage of the population is 45-64 (26.4%), followed by 18-44 (27.7%) and 65 and older at (22%).
- English is the primary language among Macon County Residents, with Spanish being the second most common language.

ACCESS TO HEALTH CARE

The county has an uninsured rate of 13% which is slightly higher than either the state (11%) or national average (6%).

Primary Care Physicians data reveals that the ratio of population to Primary Care Physicians is higher in Macon County (3,030:1) than either the state (1,420:1), or the national (1,050:1) benchmarked.

Dentist availability as a function of the population for Macon County (2,540:1), appears to be higher than the State (1,760:1), but considerably less than the national benchmark (1,260:1).

HEALTH BEHAVIOR

Missouri ranks 46th in Health outcomes out of 115 counties.

Adult smoking – 20% of Macon County residents smoke as compared to the state (22%) and national benchmark of 14%

Adult obesity – 36% of Macon County residents are considered obese (BMI of 30 or more). As compared to the state average 32% and national average of 26%

Excessive Drinking – 16% of Macon County residents exhibit this behavior compared to the state (19%) and national benchmark of 13%.

Motor vehicle crash death rate (per 100,000 pop) is 15 for Macon County as compared to the State at 14 and national data of 9.

Teen birth rate – (per 1,000 female pop.) for Macon County residents is 32 compared to Missouri (28) and national (14).

SOCIAL AND ECONOMIC

Education Level	Macon County	State	National
High School Graduation	88%	88%	
Some College	53%	62%	73%
Unemployment	3.7%	3.8%	2.9%
Children in Poverty	21%	19%	11%

PHYSICAL ENVIRONMENT

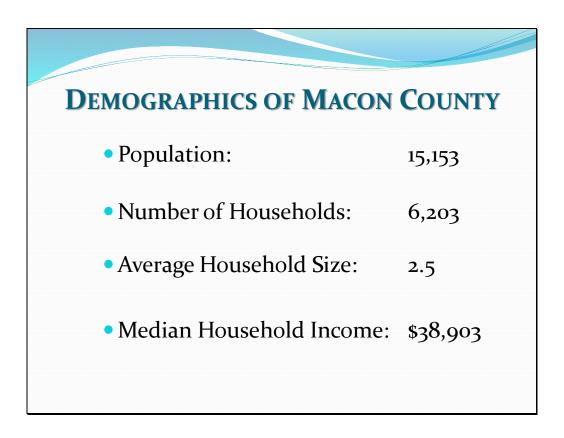
	Macon County	State	National
Safe Drinking Water	100%	89.4%	81.2%
Access to Recreational Activities	59%	76%	91%
Limited Access to Healthy Food	7%	7%	2%
% Restaurants that are Fast Food	38%	47%	25%

CONCLUSION

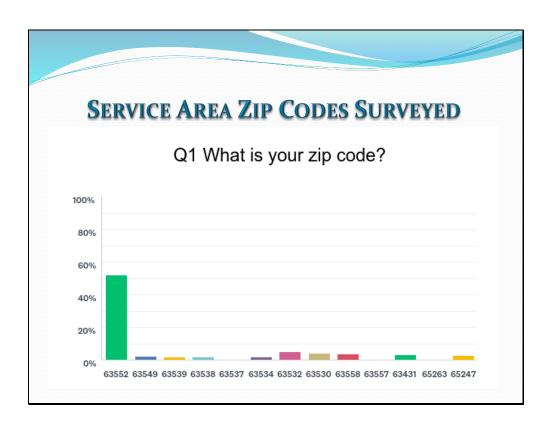
The perceived need for additional health care services are as varied and can be as different as each person's opinion. With that being said, Samaritan Hospital and our health care provider partners, will prioritize and work toward resolution of the most critical needs, outlined in the primary and secondary data.

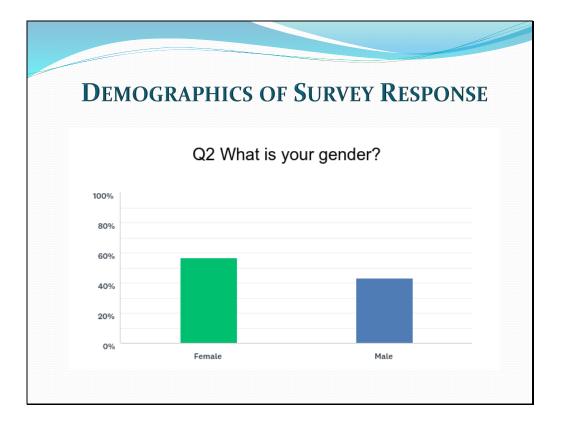
For your information the following graphical data highlight the responses from the survey tool utilized for the Community Health Needs Assessment.

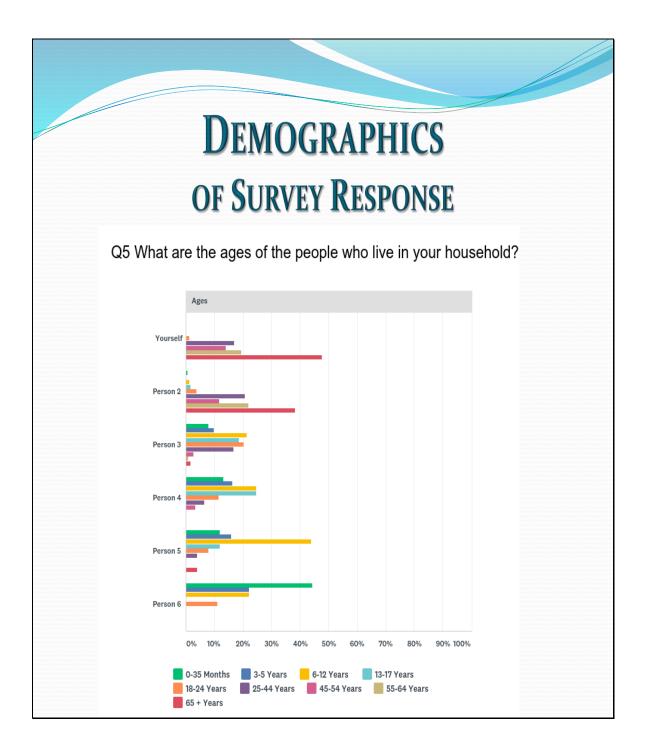


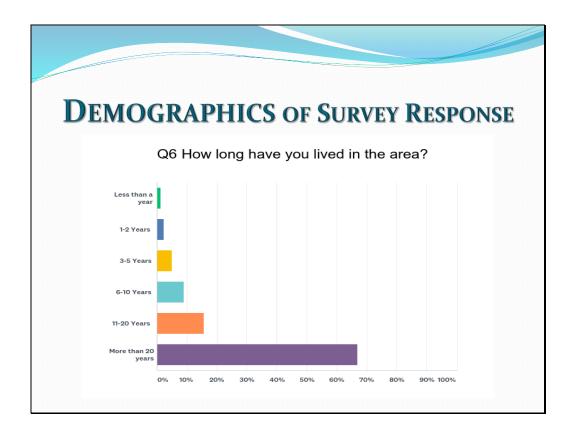


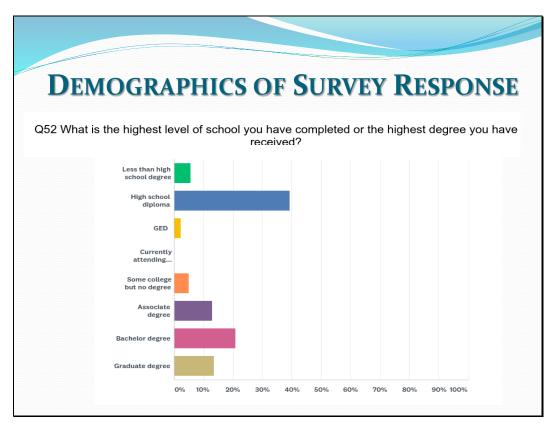
DEMOGRA	PHIC	S OF M	ACON	COUNTY
 Age of Populati 	ion:	0-14	20.1%	, D
		15-24	11%	
		25-44	21%	
		45-54	12.8%	, D
		55-64	13.7%)
		65+	21%	,)
• Residents:	Whi	te/Caucas	sian	94.5%
	Afric	can Ameri	ican	2.4%
	Othe	er		3.1%

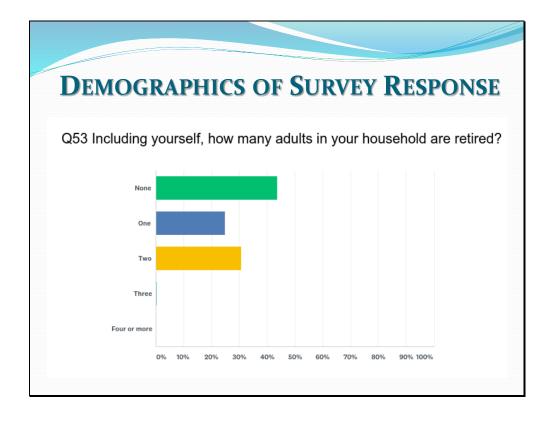


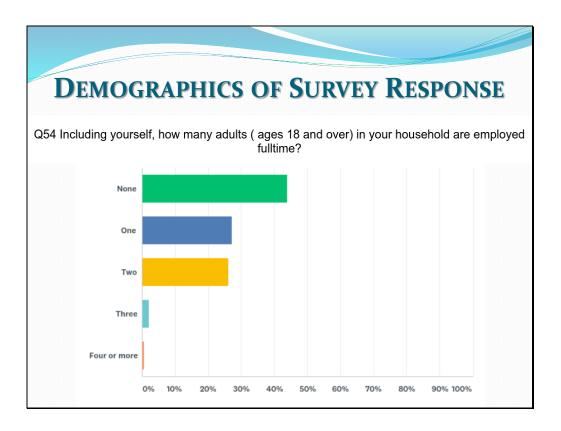


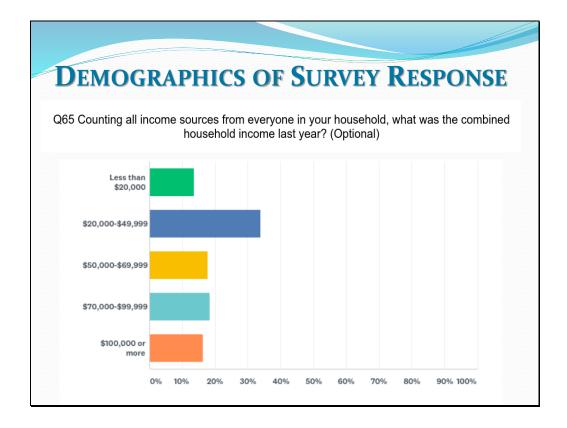


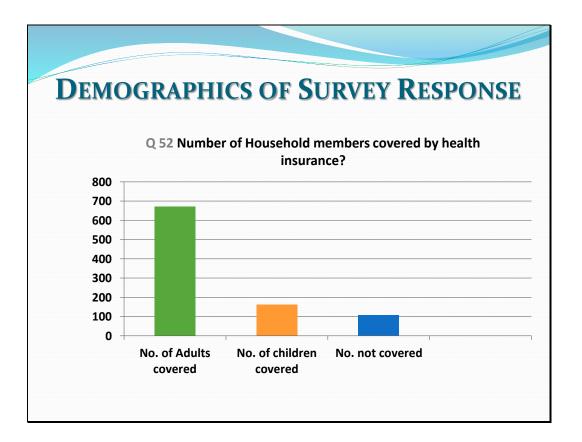


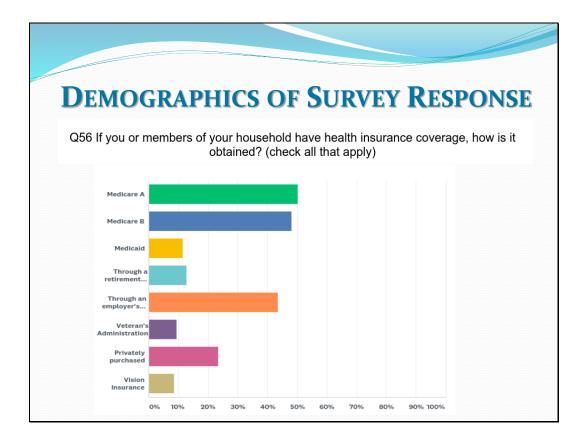


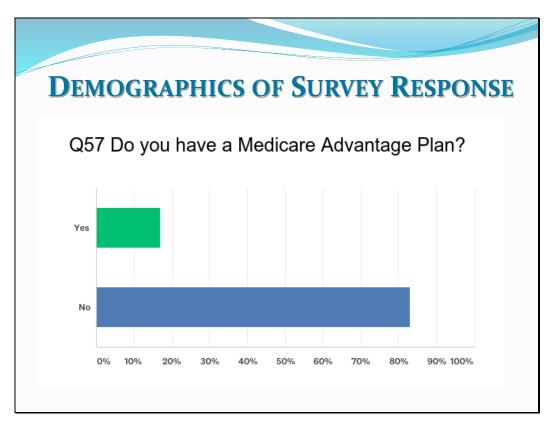


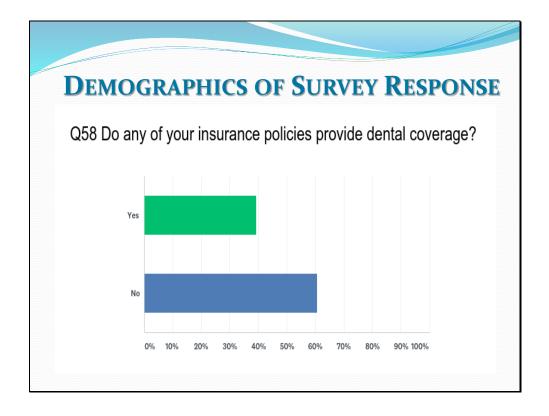


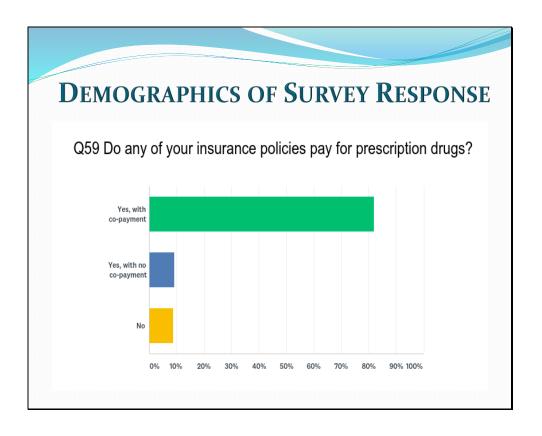


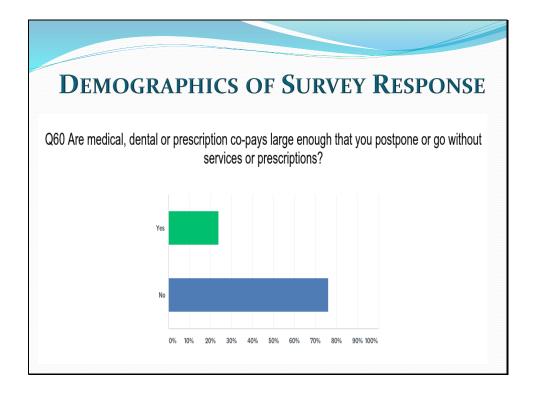


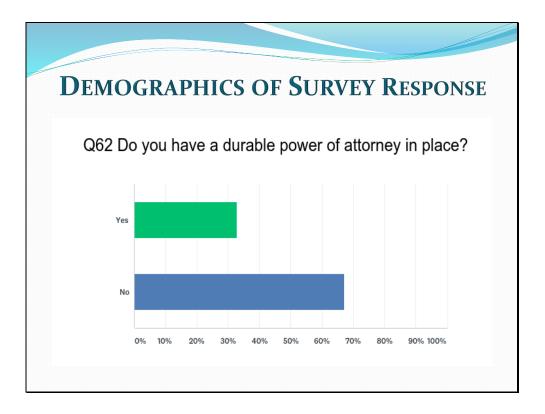


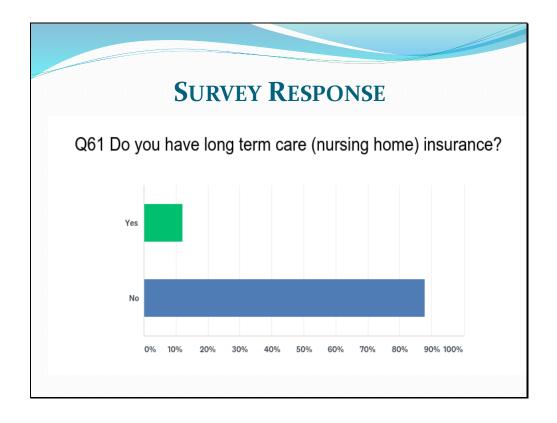


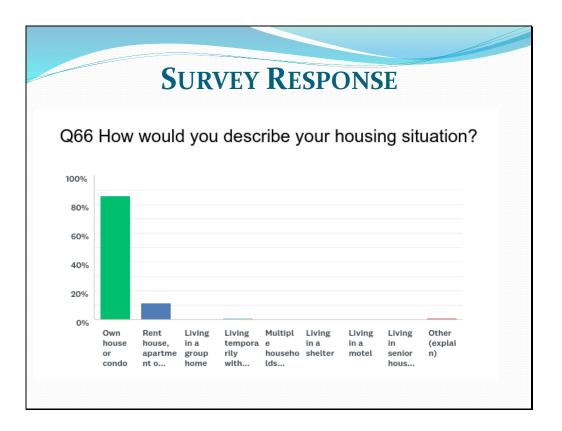










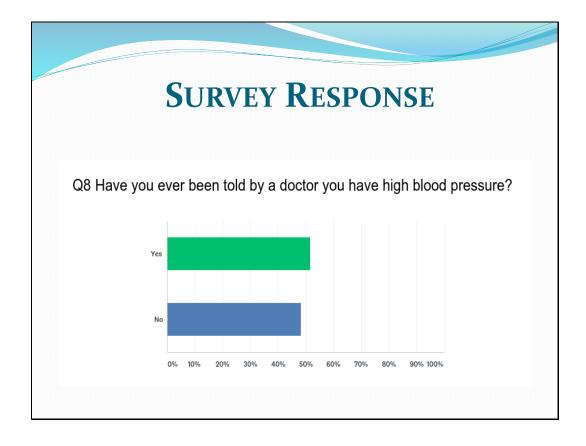


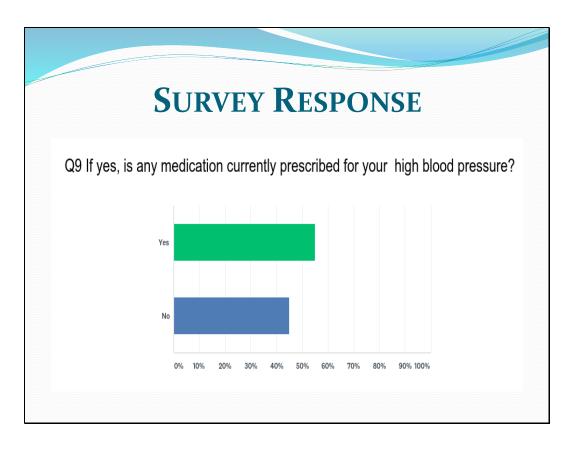
SURVEY RESPONSE

Q64 Some of the following issues may have been a problem in your household. If it has been a problem in the last 12 months please tell us how much of a problem.

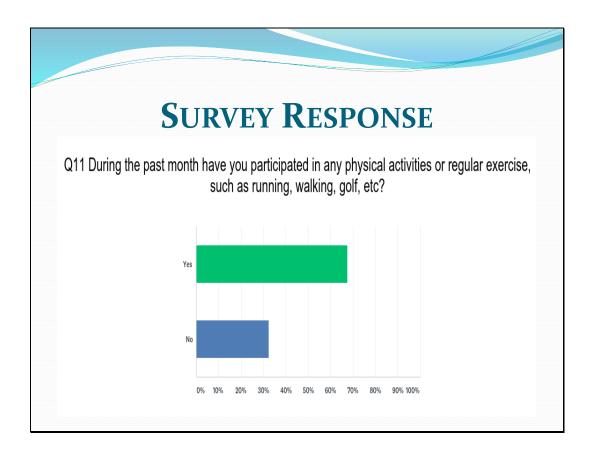
	Not a problem	Minor Problem	Major Problem	Don't know
Adult Substance Abuse – (alcohol or legal meds)	96%	3%	0.6%	0.4%
Adult Substance Abuse – (illegal drugs)	98%	1%	0.5%	0.5%
Youth Substance Abuse - (alcohol, drugs, etc)	97%	1%	1.5%	0.5%
Caring for Adults with disabilities	92%	4%	3.5%	0.5%
Caring for a Child with disabilities	97%	2%	0.6%	0.4%
Child Abuse	99%	0.5%	0.5%	0
Physical Violence against adults	97.5%	1%	1%	0.5%
Depression	65%	30%	0.5%	0
Elder Care	92%	5%	3%	0
Not enough money For food	88%	9.5%	2%	0.5%
Not able to afford healthy food	86%	10%	4%	0
Not able to afford transport	93.5%	4%	2%	0.5%
Not enough money for housing	93%	4%	2.5%	0.5%
Not enough money for doctor, dentist or pharmacy	74%	16%	9.5%	0.5%
Not enough money for mental health counselor	90.5%	4%	4%	1.5%
Use of tobacco products	85%	10%	4.5%	0.5%
Not being able to find or afford after school care	94%	4%	1%	1%
Sexual Abuse	98.5%	1%	0	0.5%
Teen Pregnancy	98%	0.5%	0.5%	1%

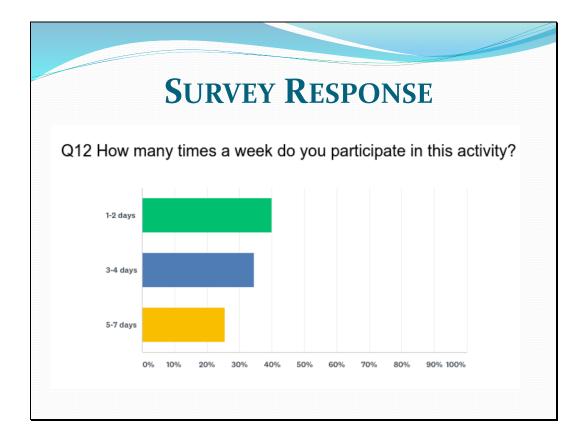


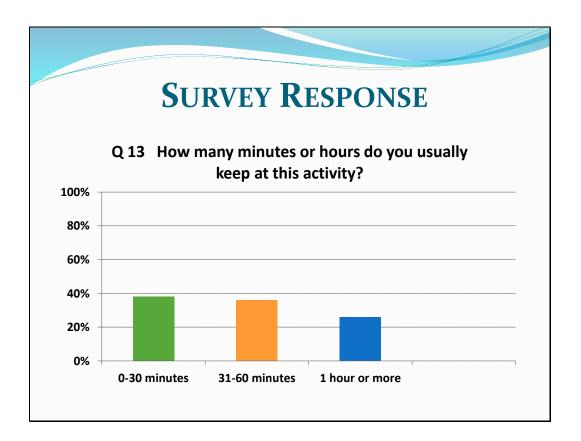


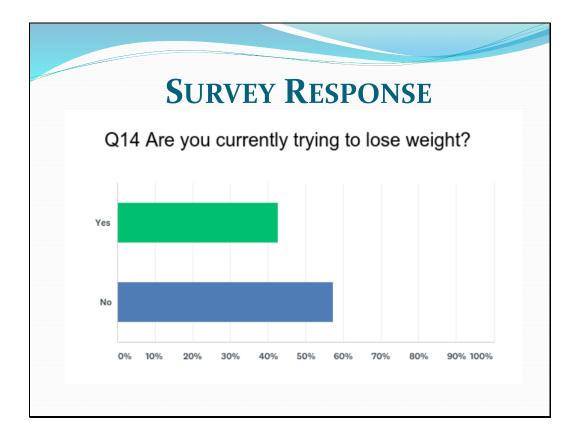


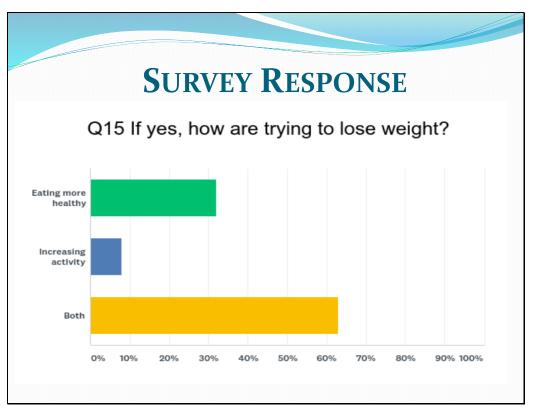


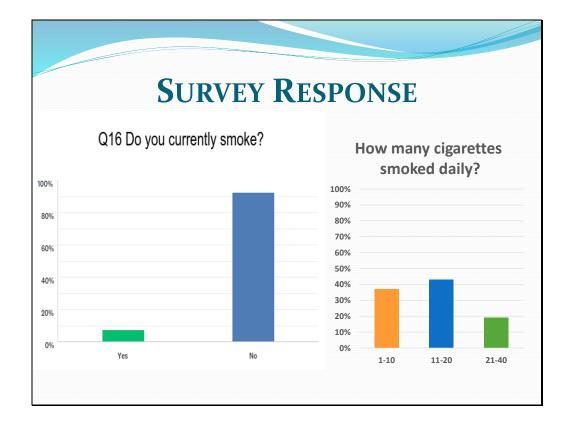


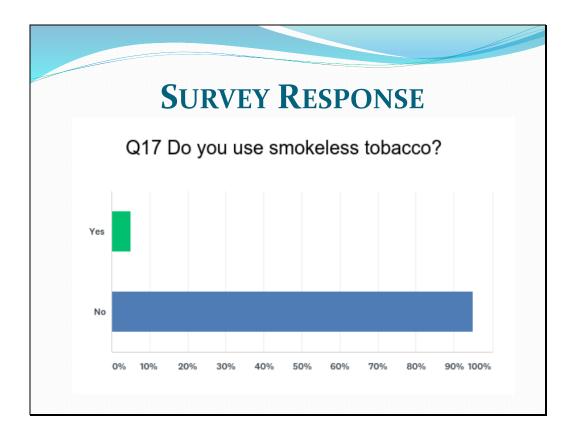


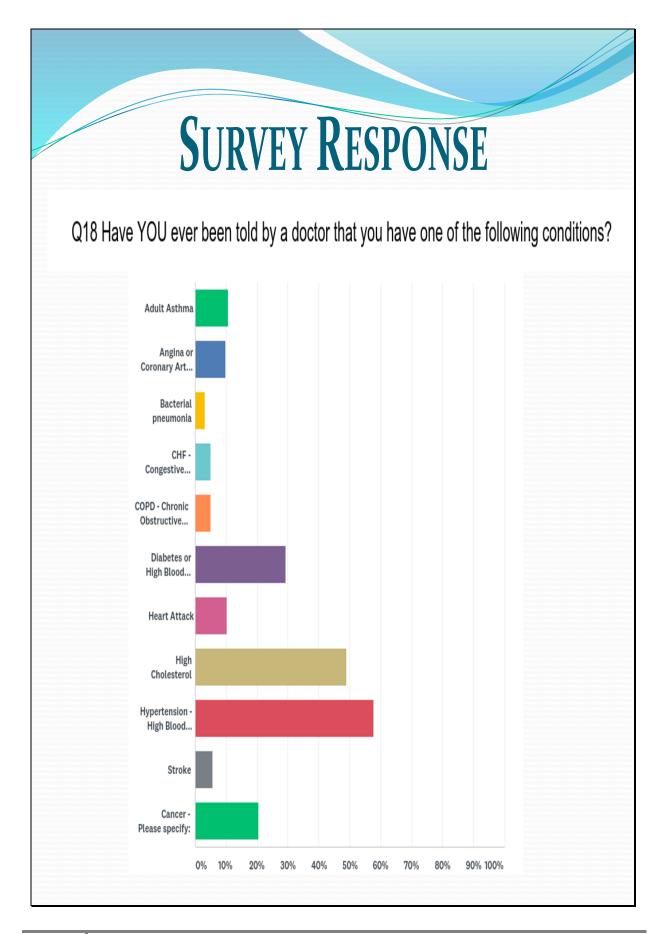


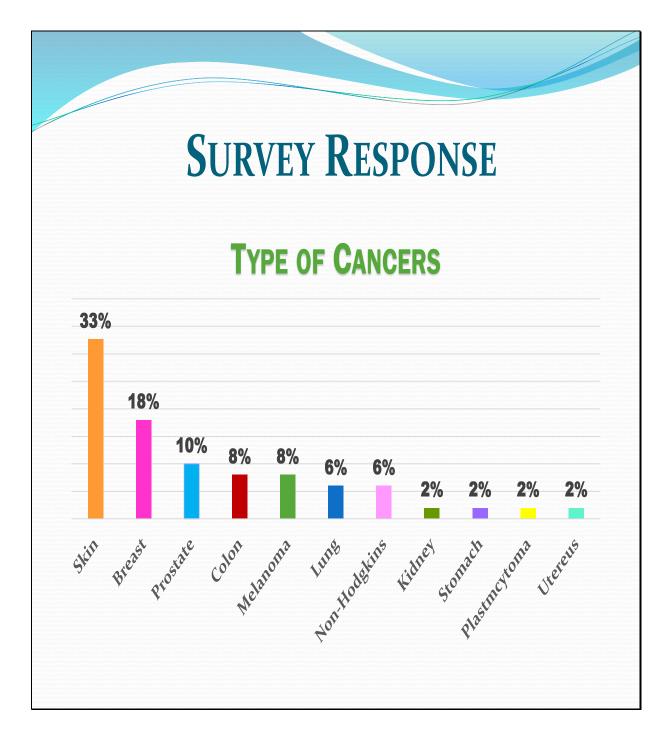


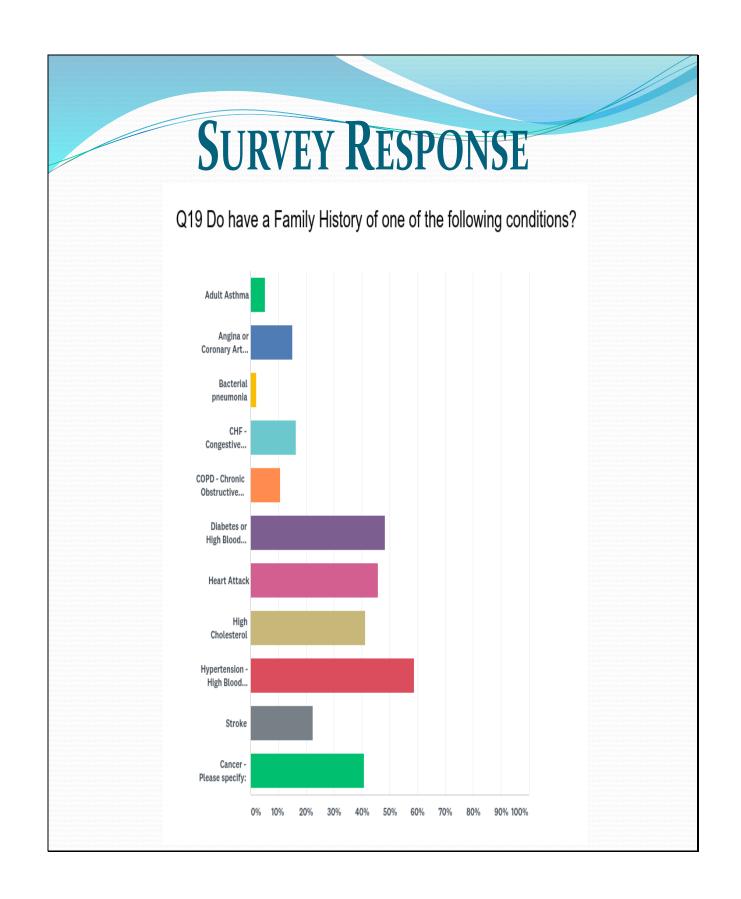


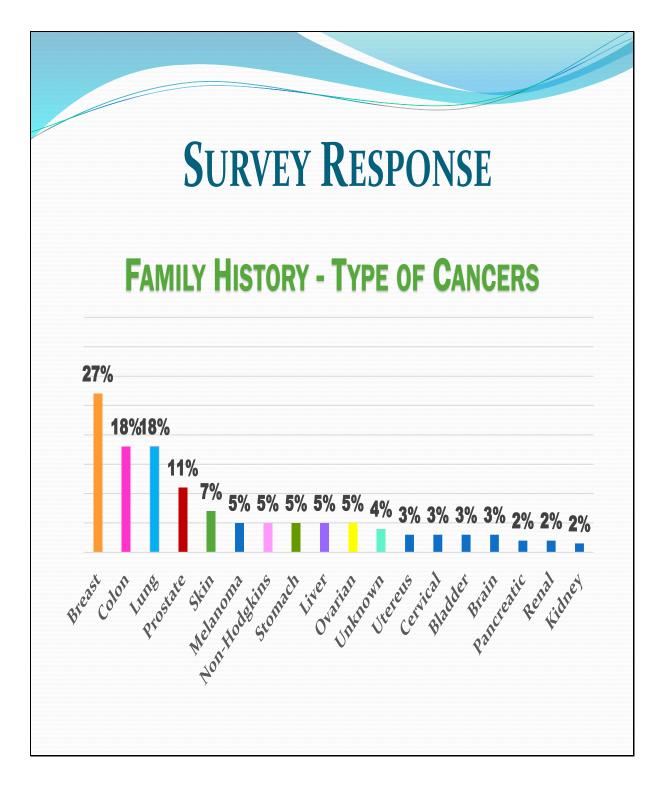


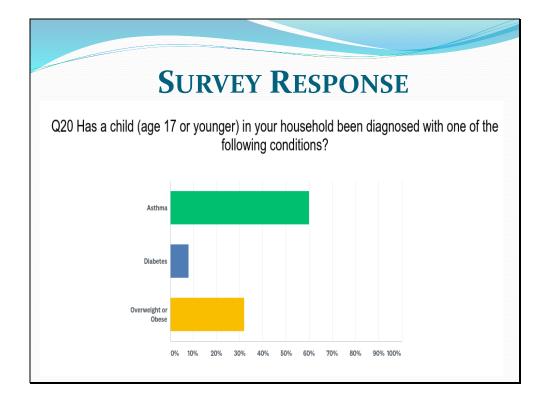


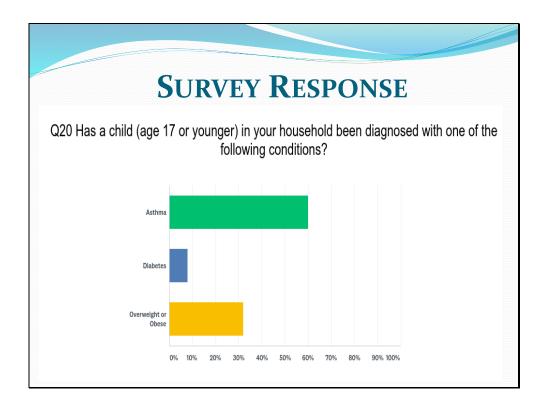


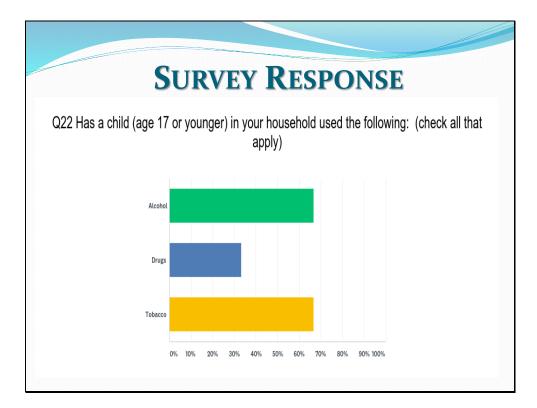


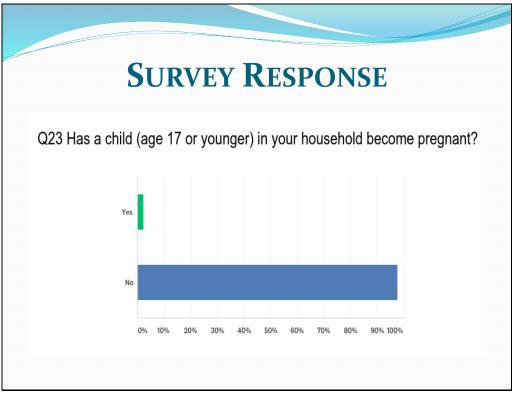


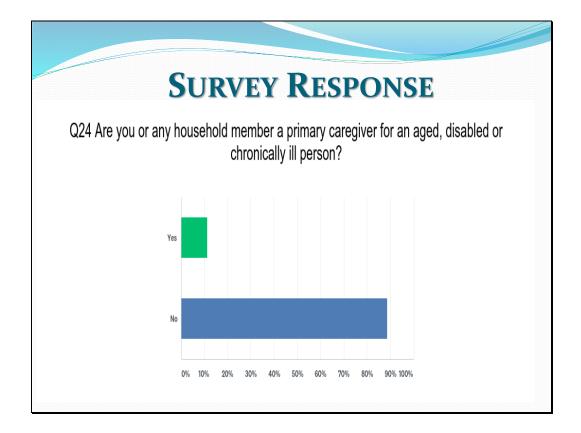


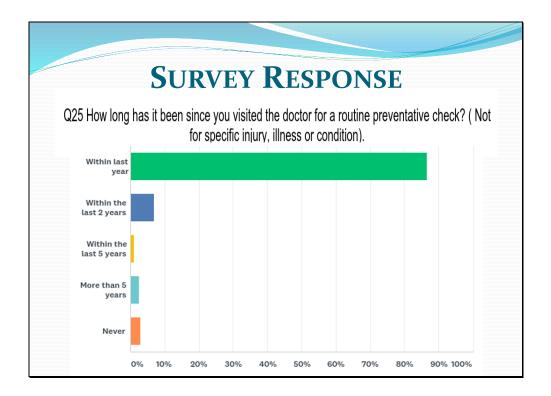


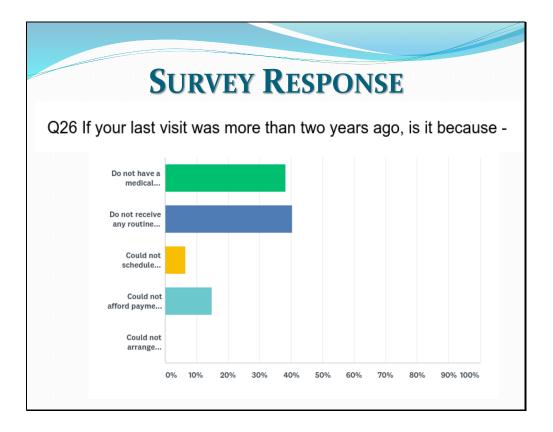


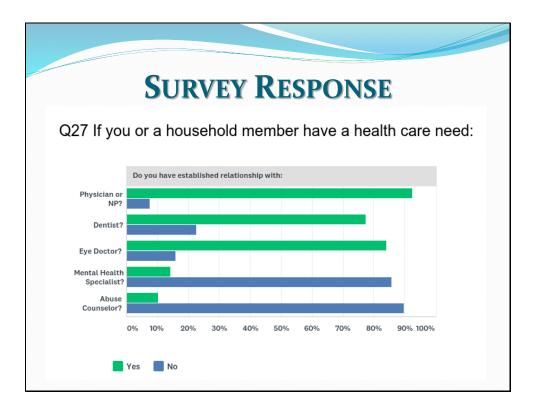


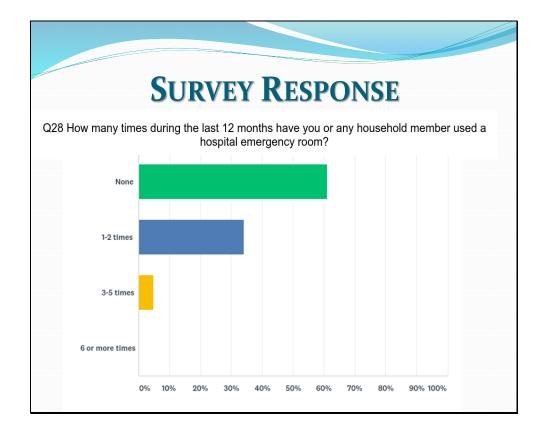


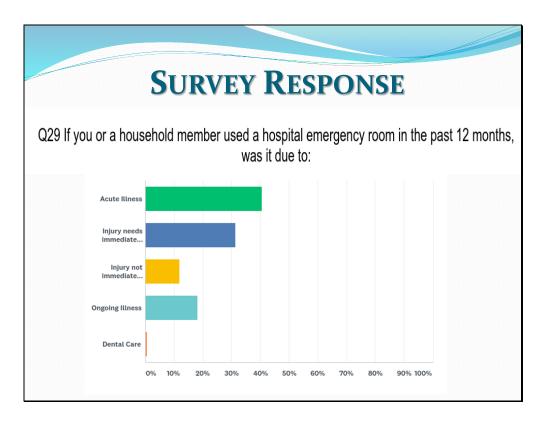


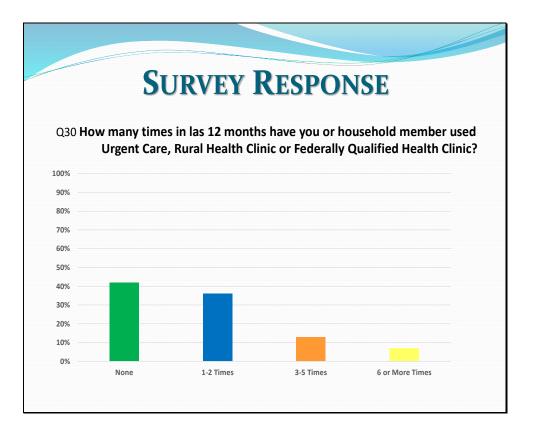


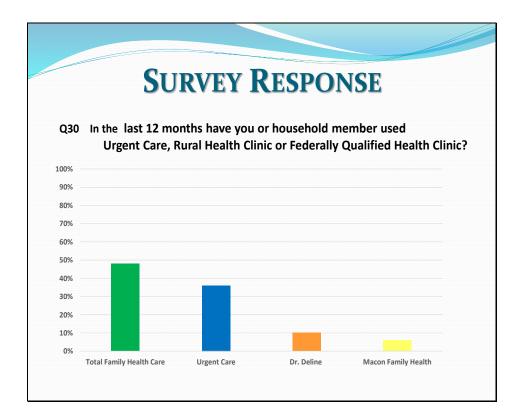


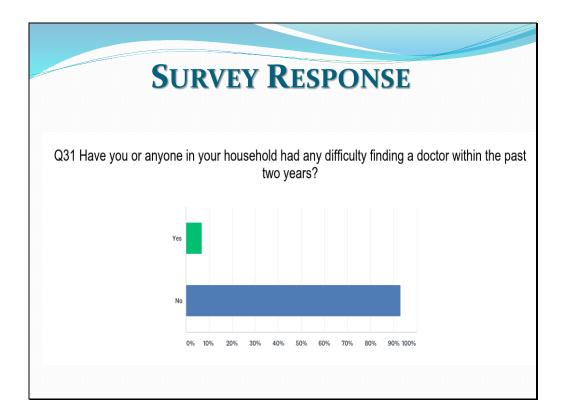


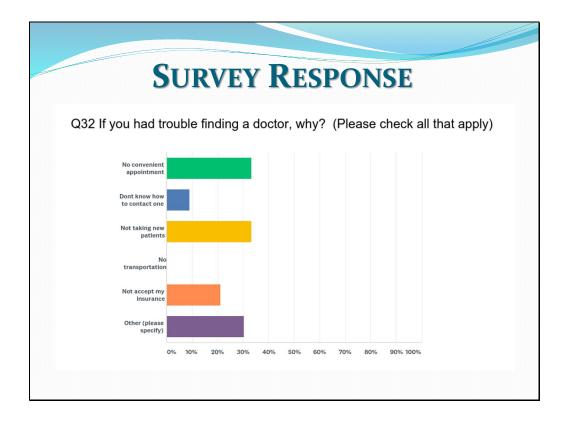


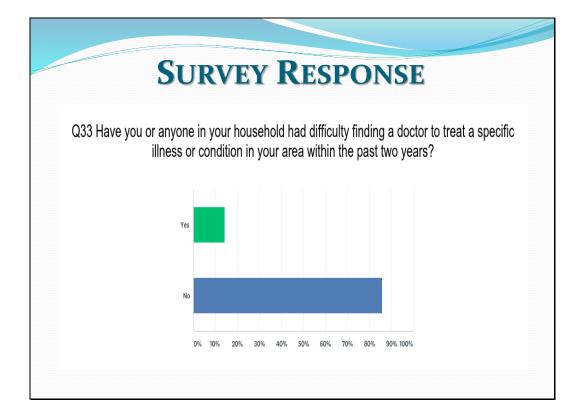


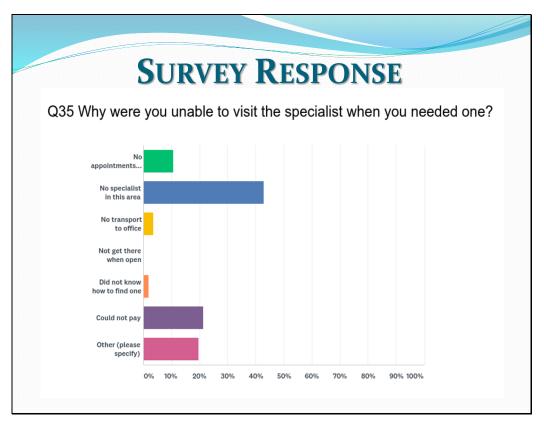


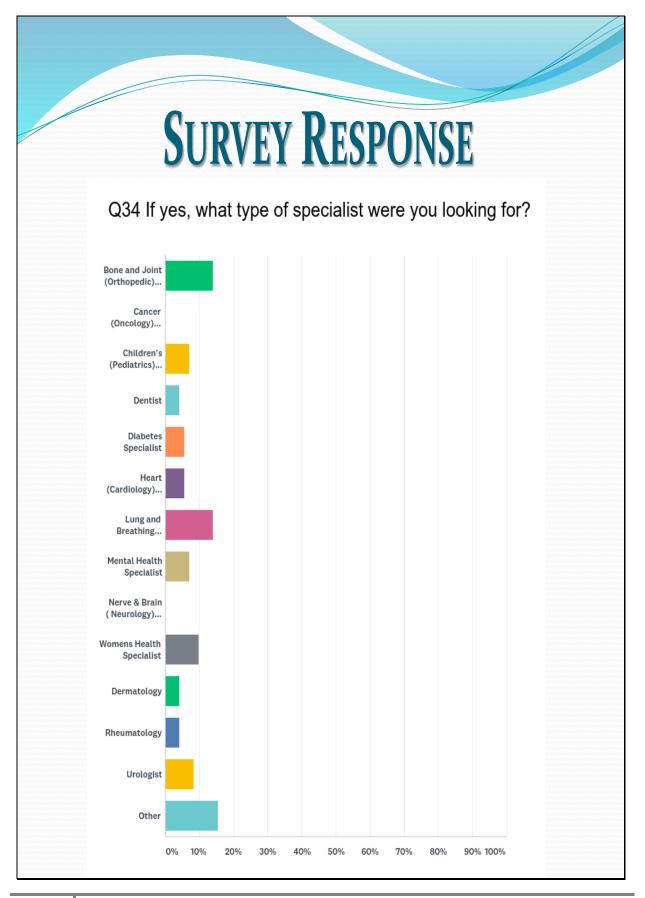


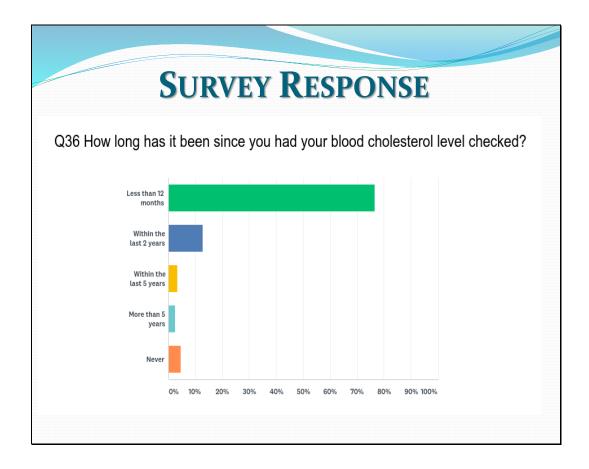


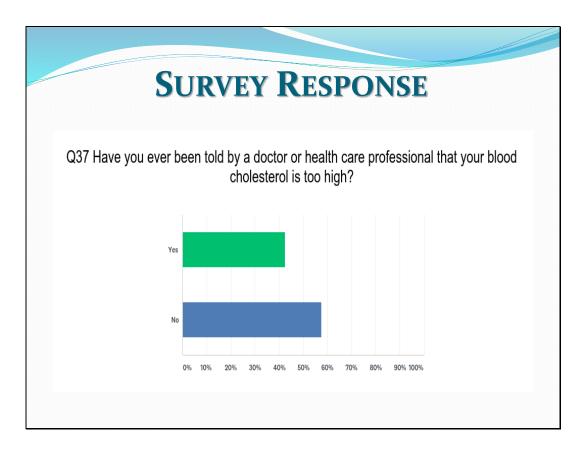


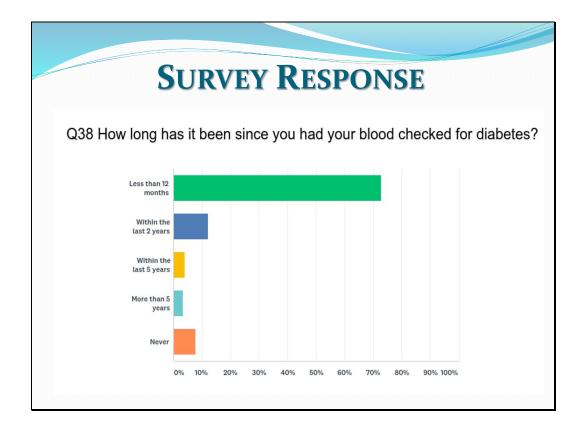




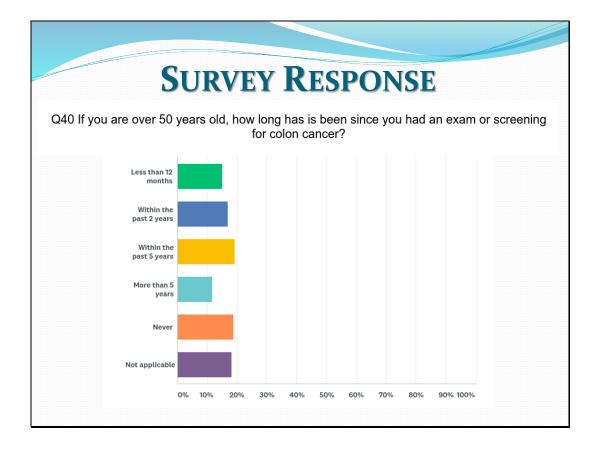


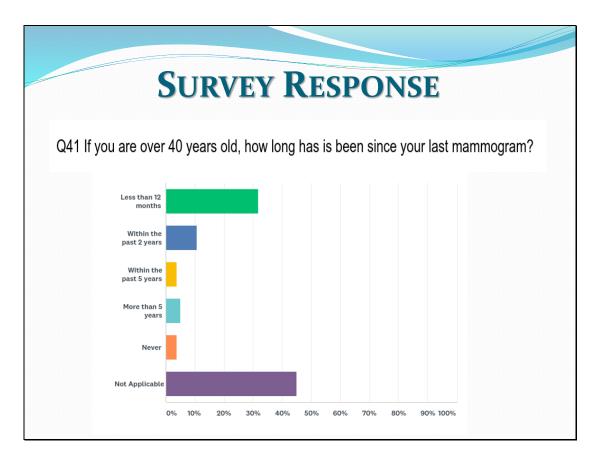


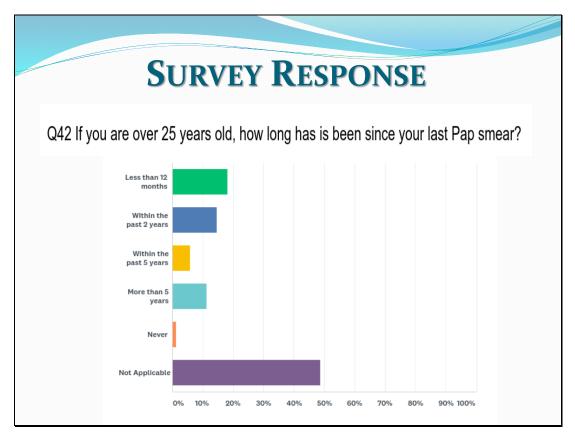


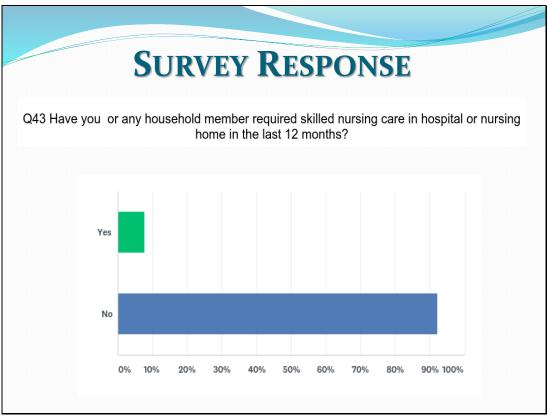


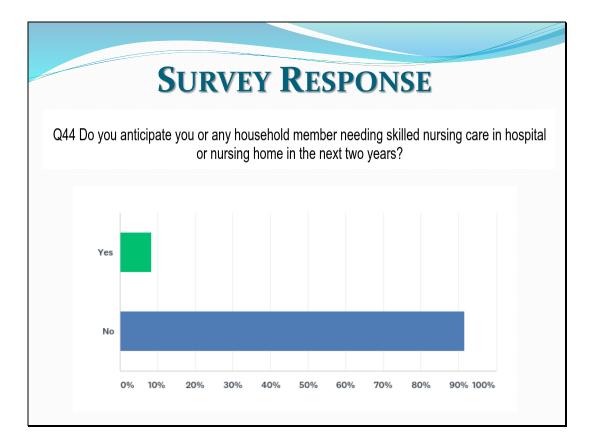


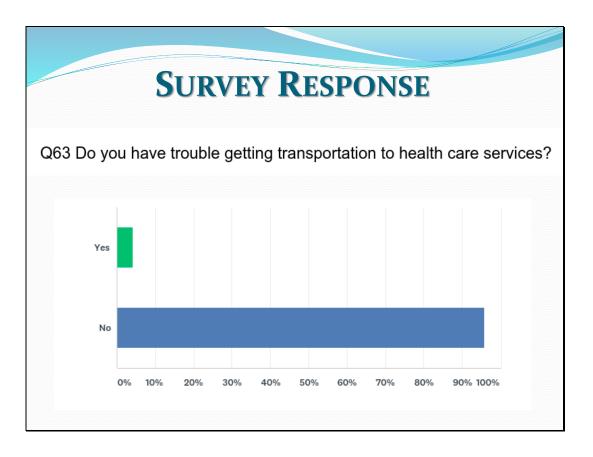


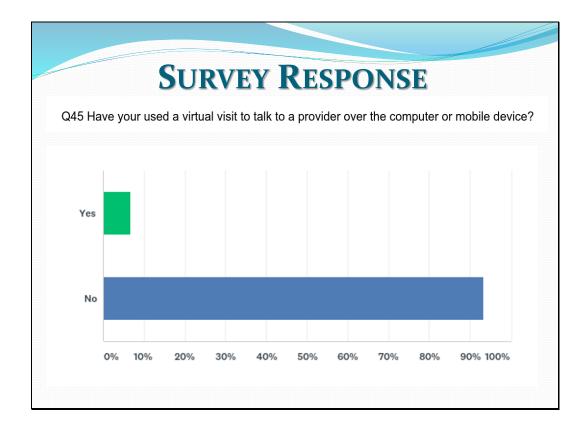


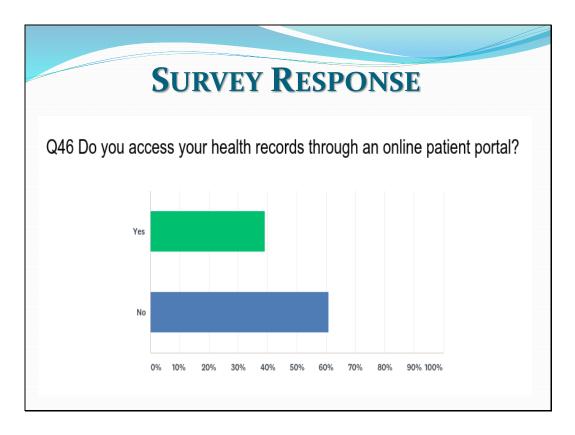


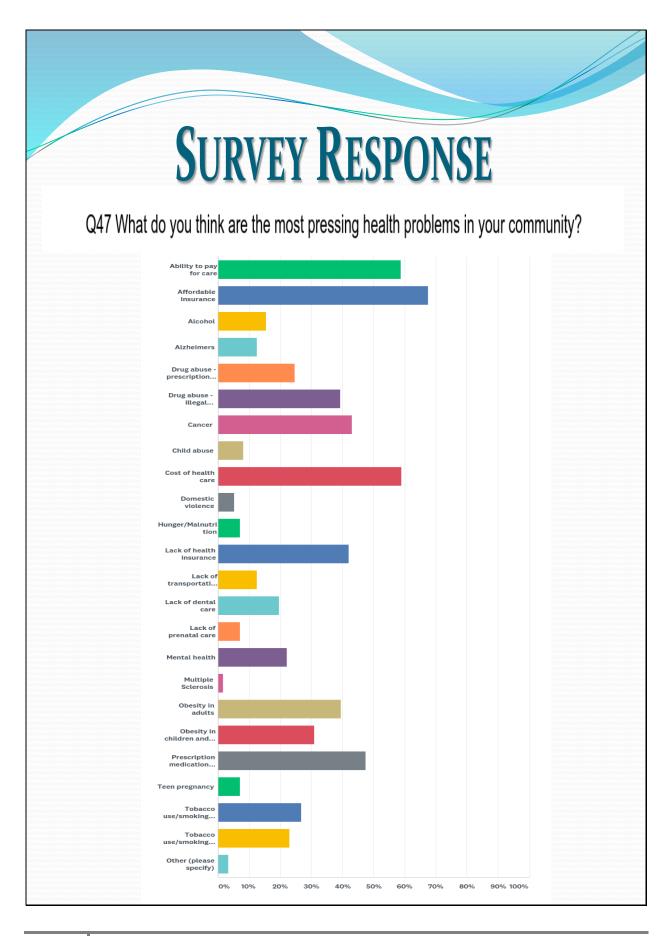


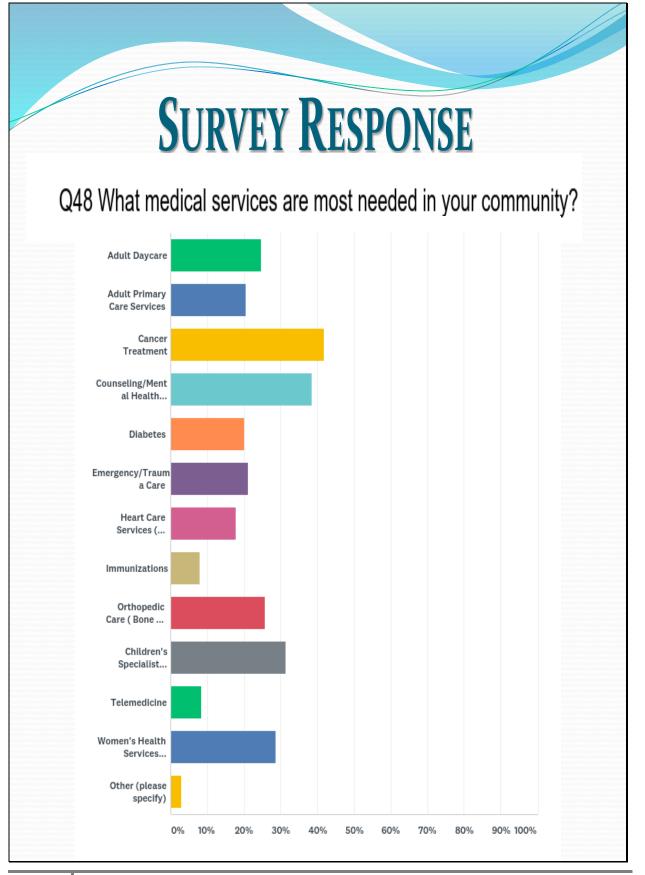


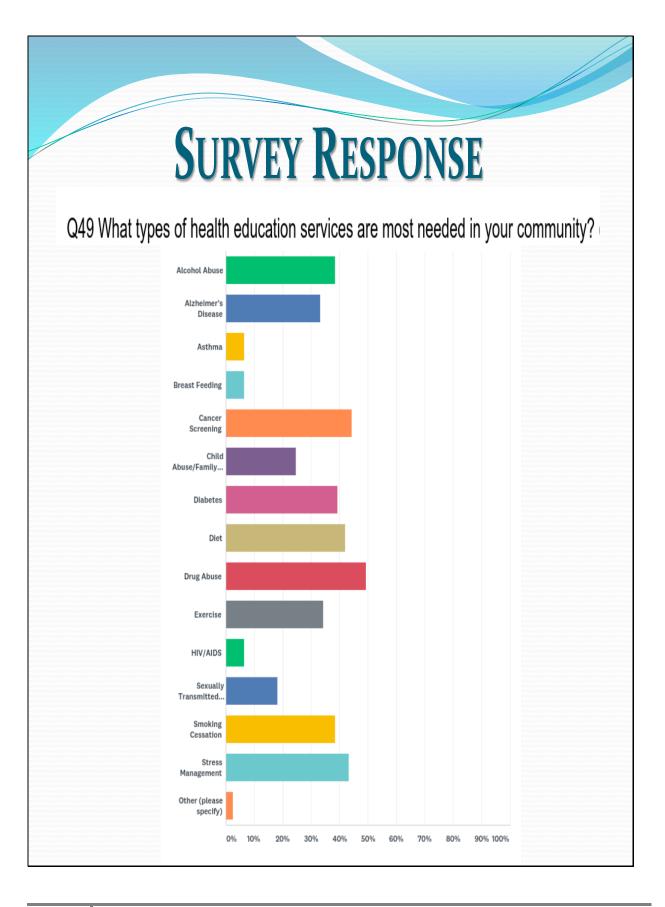












SURVEY RESPONSE

Q50 HEALTH SERVICES NEEDED IN COMMUNITY

Affordable Insurance	Parenting Classes
Bullying	Pediatrics
Cancer Treatment – Chemotherapy/Radiation	Public Transport Service
Child Care Providers	Pulmonary Fibrosis Therapy
Dentists	Safe Place for Teens to Hangout
Dermatology	Specialists - More
Home Care for Elderly	STD Screenings
Homeless/Domestic Violence Shelter	Stress Management
Lactation Consultant	Telemedicine
Mental Health Counselors	

SURVEY RESPONSE Q51 IMPROVING OVERALL HEALTH OF COMMUNITY

Education – Preventative, Healthy Lifestyles, Obesity and Drug Abuse

More Providers and Specialists – Primary Care, Pediatrics. OB/GYN

Mental Health Services – Counselors and Support Groups

Affordable Health Care – Insurance , Doctor Visits and Prescriptions

Mobile Clinics - Affordable or Free Health Screenings

Affordable Dental

Insurance Costs

Support Groups for Mental Health and Elderly

Access to Exercise – Affordable gym, Places to Walk, Swimming Pool

Healthier Food Choices – Farmers Market

Child Care for evenings

Communities to be invested in their outcomes. Expand the Health Dept/YMCA Children's Health initiative further.

Local VA Clinic

Fast track for ER - to speed non emergent cases

Public Transport

Better jobs so insurance and care is affordable

More Natural herbal medications.

PERCEIVED NEEDS FROM THE COMMUNITY HEALTH NEEDS ASSESSMENT

Top Four Medical Services -

Cancer Treatment Counseling/Mental Health Services Children's Specialist – Pediatrics Women's Health

Top Five Most Pressing Health Problems-

Affordable Health Insurance/Lack of Health Insurance Ability to Pay/Cost of Health Care Prescription Medication Costs Obesity Drug Abuse

IMPLEMENTATION PLAN

MEDICAL SERVICES:

CANCER TREATMENT

This is once again listed as a medical service needed in the community. We have reached out to the University of Missouri for the possibility of providing chemo therapy at Samaritan. The Oncology providers are reluctant to provide such a service outside of their office setting. We have once again reached out to the University of Missouri Medical Center to determine if such a program would be feasible.

MENTAL HEALTH SERVICES

The survey indicated a need for outpatient counseling and mental health services. Our strategic planning session held October 4, 2019 also indicated that mental health and specifically outpatient counseling was a perceived need. A group will be formed to explore the possibility of a cooperative effort with the local Federally Qualified Health Center to provide the services needed in the community. The group will also explore the demand and possibility of providing outpatient treatment through a psychiatric Nurse Practitioner in our Total Family Health Care Clinic (RHC).

SPECIALTY SERVICES

Samaritan Hospital will form a team to explore the feasibility of the following specialties; Pediatrics, Pulmonary Medicine, Endocrinology, Oncology, Psychiatry, ENT, and Neurology. Data from the Missouri Hospital Association's Health Industry Data Institute will be used to determine if sufficient volume is present to justify pursuing each specialty.

WOMEN'S HEALTH

Our Rural Health Clinic, Total Family Health Care, provides well woman services and obstetrics from conception to 35 weeks. Gynecological services are available through Samaritan Hospital Specialty Care Center, Dr. Tobler provides examination and procedural services. Total Family Health Care also offers a limited Gynecological services. Marketing efforts will be streamlined to focus on providing the community with this information.

HEALTH PROBLEMS:

AFFORDABLE HEALTH INSURANCE/LACK OF HEALTH INSURANCE

Samaritan Hospital has made available counselors to help individuals and families navigate the possibilities for coverage. Samaritan Hospital is participating in the campaign to expand Medicaid for Missouri citizens who are uninsured or underinsured. The expansion of Medicaid would provide coverage for those citizens that are employed but either can't afford health insurance or it is not offered through their employer.

COST OF HEALTH CARE

The existence of residents without Health Insurance has been well documented by the Missouri Hospital Association. It is estimated that over 300,000 Missouri residents are uninsured or under insured. Samaritan Hospital is a county hospital and recognizes the needs to provide health care to residents at or below the poverty level. Samaritan Hospital financial assistance policy is detailed on our website, at registration area, in Rural Health Clinic and is available upon request.

ABILITY TO PAY - SAMARITAN HOSPITAL CHARITY CARE

Charity care or financial assistance for medically necessary health care services delivered at Samaritan Hospital will be provided to individuals who meet certain financial criteria based on income, and family size. Financial evaluations to determine eligibility for charity care or financial assistance will be offered free of charge either before or after the provision of care.

Eligibility Criteria- Financial assistance will be offered on a sliding scale, based upon an evaluation of the patient's income and family size in comparison to the U.S. Department of Health & Human Services Annual Poverty Guideline published in the Federal Register (Appendix B). Patients must be ineligible for coverage by Medicaid to be considered for financial assistance.

If a patient's income is below 100 percent of the annual poverty guideline, the hospital may offer financial assistance of 80 percent of the charges. For patients with incomes between 100 and 150 percent of the annual poverty guideline, financial assistance will range from 60 percent to 70 percent of the charges. Patients with incomes in excess of 100 percent of the poverty guideline will be responsible for at least a portion of their personal liability.

Patients determined to be homeless, those indigent in a nursing home, and those deceased with no estate, will be eligible for financial assistance for 100 percent of the charges, due to their unrecoverable financial circumstances.

For more information regarding Samaritan Hospitals Charity Care policy please contact Patient Accounts at (660) 385-8700.

PRESCRIPTION/MEDICATION COST

In partnership with local pharmacies, Samaritan Hospital participates in a government program named 340B that helps eligible patients receive discounted prescription drugs. The 340B Drug Discount Program is a US federal government program created in 1992 that requires drug manufacturers to provide outpatient drugs to eligible health care organizations and covered entities at significantly reduced prices. The significant savings helps to ensure that prescription drugs available to those who might not otherwise be able to afford their prescriptions.

OBESITY-OBESITY IN ADULTS AND CHILDREN

Our local providers have information available to provide patients struggling with Obesity.

The local YMCA has numerous Youth/Adult activities throughout the year, such as flag football, basketball, gymnastics, stretch and flex, F.I.T., body basics, boot camp, yoga, personal training, pickle ball, softball group, fitness, and volley ball, just to name a few.

The Long Branch Area YMCA is committed to educating the community on the benefits of a YMCA and one of the most important benefits is that YMCA's do not turn anyone away due to inability to pay. If you've heard someone say, "I can't afford to join the YMCA", they need to know financial assistance is available.

Requesting financial assistance is easy and confidential. A one-page financial assistance application can be obtained from the front desk at the YMCA. The application must be completed and returned to the Executive Director with a copy of the applicant's most recent tax return. After a short review with the Executive Director, the applicant will know if they qualify for financial assistance. Financial assistance provides for reduced membership fees or program fees.

DRUG ABUSE

The opioid epidemic specifically refers to the growing number of deaths and hospitalizations from opioids, including prescriptions. Drug overdose is now the leading cause of accidental death in the United States, largely due to the opioid epidemic. Samaritan Hospital has been attempting to decrease the use of opioid through a multidisciplinary approach. The pain management clinic utilizes both a pain management physician and a physician assistant to address the use of pain medication. Pain management and drug contracts are initiated by the physician assistant and further intervention if needed is provided by a board certified Anesthesiologist. The demand for the service has grown to the point a dedicated area is being created. This dedicated space will allow the availability for potential to be expanded from what use to be a once a month offering to 3-4 days per week.

REFERENCES

- 1. U.S. Census Bureau. State and County Quick Facts, December 2018.
- 2. <u>www.communityhealthrankings.org</u>
- 3. BRFSS, 2004-2017. Source: University of Wisconsin, Population Health Institute and Robert Wood Johnson Foundation, data files retrieved from www.countyhealthrankings.org
- 5. Health Industry Data Institute, Missouri Hospital Association 2019.
- 6. Missouri Department of Mental Health, Jefferson City, MO.