

## Macon County Health Department

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Saturday July 4, 2020

FOR IMMEDIATE RELEASE: 10<sup>th</sup> positive COVID-19 case

Macon County Health Department announces its 10<sup>th</sup> positive COVID-19 case. At this time in the contact investigation it appears this is community spread in association with a previous positive case. The person is in isolation and contact investigation is underway. Everyone's name who is being provided to the health department's contract tracer by the positive individual will be notified. One of the previous positive cases unrelated to this case, was released from isolation this morning so at this time Macon County has 3 active COVID-19 cases.

Business and churches are encouraged to have a plan should someone at work or in the congregation test positive for COVID-19. Residents are strongly encouraged to wear masks in public when social distancing cannot be met even outdoors. It is important to remember that if you don't feel well that you stay home. COVID-19 symptoms can present in any of the following ways:

- Fever (any degree)
- Cough
- Shortness of breath
- Chills
- Fatigue
- Diarrhea
- Nausea or vomiting
- Loss of taste or smell
- Congestion or runny nose
- Sore throat
- Headache
- Muscle or body aches

Should you have any of these symptoms and are concerned, please contact your primary care provider and quarantine until further notice. It is vital to contain the spread of COVID-19 by social distancing inside and outdoors or wearing a mask if unable; practicing good hand hygiene, routinely disinfecting common touch surfaces, and staying home if not feeling well.

Macon County Health Department is available to consult with business and churches for a COVID-19 response plan.

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