

## Macon County Health Department

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Sunday June 28, 2020

FOR IMMEDIATE RELEASE: 8<sup>th</sup> positive COVID-19 case

Macon County Health Department announces its 8<sup>th</sup> positive COVID-19 case. This case is determined to be travel related. The person is in isolation and contact investigation is underway. Everyone's name who has been provided to the health department's contract tracer by the positive individual will be notified. At this time Macon County has only one active COVID-19 case.

It is important to remember that if you don't feel well, please stay home. COVID-19 symptoms can present in any of the following ways:

- Fever (any degree)
- Cough
- Shortness of breath
- Chills
- Fatigue
- Diarrhea
- Nausea or vomiting
- Loss of taste or smell
- Congestion or runny nose
- Sore throat
- Headache
- Muscle or body aches

Should you have two or more of these symptoms and are concerned, especially cough or shortness of breath, please contact your primary care provider. It is vital to contain the spread of COVID-19 by following these public health practices:

- Continuing to social distance at least 6 feet from others (even when outdoors)
- Practicing proper hand hygiene
- Ensuring routine sanitizing of highly touched areas
- Wearing face masks/coverings in public especially when social distancing cannot be followed (even when outdoors)
- Staying home if you aren't feeling well

Macon County Health Department updates it website daily for more COVID-19 information.

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## PUBLIC HEALTH MAKES LIFE BETTER